

THE CITY OF PROVIDENCE  
STATE OF RHODE ISLAND AND PROVIDENCE PLANTATIONS

# RESOLUTION OF THE CITY COUNCIL

No. 489

Approved November 16, 2009

WHEREAS, Rajiv Kumar is a Providence resident, a graduate of Brown University, and a current student at Brown University Medical School; and

WHEREAS, In 2006, he founded Shape Up RI, a nonprofit organization that encourages Rhode Islanders to pursue healthy lifestyles through increased physical activity and better nutrition; and

WHEREAS, Since its inception, Shape Up RI has helped thousands of Rhode Islanders lose weight and improve their overall health; and

WHEREAS, More than 15,000 people participated in the most recent Shape Up RI campaign with the average participant losing more than seven pounds; and

WHEREAS, Kumar recently announced a new effort, Shape Up RI: Doctors, which aims to empower primary care physicians to "prescribe wellness" to their patients; and

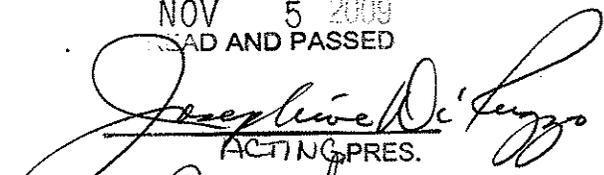
WHEREAS, Shape Up RI: Doctors will provide physicians with wellness kits to give to their patients and will help refer patients to organizations that promote health and wellness; and

WHEREAS, Kumar has received a number of awards for his work leading Shape Up RI, including the Robert Wood Johnson 2009 Community Health Leaders Award and the 2009 Providence Business News Innovation Award; and

WHEREAS, Shape Up RI has brought national attention to Rhode Island as a leader in the efforts to combat obesity and promote healthy lifestyles.

NOW, THEREFORE, BE IT RESOLVED, That the City Council of the City of Providence does hereby honor and thank Rajiv Kumar for his efforts to encourage healthy living in Rhode Island.

IN CITY COUNCIL  
NOV 5 2009  
READ AND PASSED

  
ACTING PRES.

  
APPROVED

  
MAYOR

11/16/09